

# Home Spring Cleaning Guide

#### FOYER/HOME ENTRANCE

- □ Dust and clean light fixtures
- Wash walls and the trim with a sponge and hot water
- □ Wash the doors, door knobs and light switched
- Dust and wash any furniture
- Clean out the closet: store out-of-season items and donate what you don't need
- □ Clean or replace the entry mat
- □ Sweep/Mop/Vacuum floors

# LIVING ROOM/HOME OFFICE

- □ Open the windows let some fresh air in!
- □ Vacuum the sofa, love seat, and armchairs
- □ Launder any throw pillows, blankets, etc.
- Dust all surfaces, artwork, and decorations
- Dust and clean light fixtures & ceiling fan
- □ Carefully dust and clean electronics
- Sort through closets, cabinets, DVD/CD collections, book shelves, magazine racks: sort, donate, recycle, and/or store!
- □ Sweep/vacuum floors
- □ Replace batteries in remotes
- □ Spring clean your computer:
  - Use canned compressed air to clean out your keyboard and modem
  - □ Wipe down monitor
  - Delete any old files, pictures, etc.
  - □ Make any necessary updates
  - □ Clean our browser cache and history
  - □ Install any necessary spyware

#### BEDROOMS

- □ Open the windows let some fresh air in!
- Wash bedding: sheets, pillowcases, mattress pads, bed skirts, and comforters
- □ Wash pillows and/or replace old ones



- □ Rotate and flip mattress if desired/applicable
- Sort through closets and drawers: store out-of-season items & donate what you don't need
- □ Dust and clean all surfaces.
- □ Clean out items from under the bed: what needs stored, organized into drawers, and donated?
- □ Sweep/vacuum the floor

#### BATHROOMS

- □ Open the windows let some fresh air in!
- □ Scrub down the shower & rinse out
- □ Empty out cabinets, wipe clean, sort through items, and replace
- □ Clean in and around the toilet
- □ Clean countertops & sink
- □ Sweep and mop the floor and baseboards
- □ Launder any dirty towels, hand towels, and/or rugs, toilet seat covers, etc.
- □ Do your toothbrushes need replacing?

## KITCHEN

- □ Open the windows let some fresh air in!
- □ Empty out your refrigerator and freezer. Clean the inside of your refrigerator, sort through food and throw out anything outdated.
- Clean the oven and stovetop: remember to remove burners and knobs!
- Empty out your drawers and cabinets. Clean the insides, sort through food and throw out anything outdated.
- □ Go through your spice rack and throw out anything old
- □ Clean the top of your fridge & behind, if possible
- □ Clean out the food trap of your dishwasher. Run a cycle of hot water with one cup of bleach or vinegar to disinfect
- □ Clean countertops & sink
- □ Sweep and mop the floor and baseboards

# DINING ROOM

- □ Open the windows let some fresh air in!
- Empty out your cabinets. Clean the insides, sort and clean any necessary items.
- Dust and clean any artwork, light fixtures, ceiling fans, etc.
- □ Remove all chairs from the table and clean chairs appropriately



- Clean tabletop taking care to remember any decorations, placemats, linens, dinnerware, etc.
- □ Sweep the room and replace chairs

#### LAUNDRY ROOM

- □ Open the windows let some fresh air in!
- □ Clean behind the washer and dryer
- □ Clean out lint traps
- □ Organize and throw out any old or broken hangers
- □ Empty out, clean, and organize cabinets
- □ Wipe down and clean outer surfaces of washer and dryer
- Washer: Run a cycle of hot water with 1 gallon of white vinegar or 1 cup of bleach to clean and disinfect
- □ Vacuum or wipe down the inside of your dryer. Check the outside vent for debris or lint that could be blocking the vent.

#### STAIRWELLS

- □ Sweep and vacuum stairs
- □ Spot clean the walls with a sponge and hot water
- □ Wipe down the handrail and disinfect
- □ Dust any art & light fixtures
- □ Check posts and handrails for any needed repairs

# OUTSIDE

- □ Sweep porches and the walkway
- □ Wash exterior doors. Give front door a fresh coat of paint, if necessary.
- □ Clean or replace welcome mat
- □ Power wash the siding
- □ Remove and replace any dead potted plants
- □ Pull weeds from flower beds



## DON'T FORGET TO:

- □ Clean the blades of your ceiling fans.
- Replace light bulbs throughout the house
- Test smoke/carbon monoxide detectors and replace batteries when necessary
- Clean vents
- □ Check the expiration date of your fire extinguisher
- Dust and clean draperies & curtains
- Wash or beat out rugs
- Change the air filter
- Sort through and organize family photos
- Sort and clean any extra zones such as linen closets, utility closets, office spaces, playrooms, mudrooms, etc
- Clean out medicine cabinets. Safely discard any old prescriptions!
- Deep clean carpets and polish wood floors
- Wash the walls & touch up paint, if necessary